



La Cantina Restaurant

ITALIAN CUISINE

Welcome to La Cantina.

Thank you for choosing to come and dine with us.

We sincerely hope that you enjoy your dining experience. Our menu has evolved over the years however our approach remains the same.

We feel that it is important to use quality ingredients and prepare our food fresh to order with the aim of delivering the authentic taste of Italy. As such, during busy periods, there may be a slight delay.

Vegetarian Selection & Allergy Provisions

All of our vegetarian dishes are marked with a . In addition, we are happy to prepare dishes with or without certain ingredients wherever possible to assist with any food allergies for example, nut, dairy or gluten free diets.

Please let us know accordingly in order that we can assist to best accommodate your requirements.

Steaks Chicken & Pork

Steaks

8oz Sirloin £17.50

8oz Rib Eye £17.50

10oz Sirloin £19.50

Cooked to order and presented on a sizzling platter with onions and mushrooms with buttered potatoes or fries and fresh salad.

You may wish to order an accompanying sauce to compliment your steak. Choose from the following:

Salsa Scozzeze (add £3.50)

Whisky and mushroom cream sauce

Salsa Pepa Nera (add £3.50)

Cracked black pepper and brandy cream sauce

Pork Escalopes with Cider & Apple £11.95

Tender pork escalopes in herb breadcrumbs served with a cider apple and ginger cream sauce with seasonal salad and your choice of potatoes or fries

Maiale alla Marsala £11.95

Pork tenderloin medallions cooked in a marsala wine & cream sauce with mushrooms served with potatoes or fries and fresh salad

Pollo a la Crema Funghi £11.95

Chicken fillet cooked in creamy mushroom and garlic cream sauce served with potatoes or fries and fresh salad

Pollo a la Crema Pepa Nera £11.95

Chicken fillet stuffed with parma ham and served with a cracked black pepper and brandy sauce with potatoes or fries and fresh salad

Pollo Valdostana £11.95

Chicken fillet filled with parma ham, wrapped in smoked bacon and topped with mozzarella baked and served on a bed of tagliatelle with a Mediterranean tomato sauce

Tagliatelle al Pollo £11.95

"Old favourite", marinated barbeque chicken fillet served on a bed of creamy tagliatelle

Fettucine Di Parma £11.95

Fettucine with sliced chicken breast, parma ham, peas, tomatoes, garlic, white wine & cream

Fish

Tagliatelle al Salmone £10.25

Smoked salmon and cold water prawns cooked in a delicate white wine cream sauce with tagliatelle pasta

Cajun Fillet of Salmon £11.95

Fillet of salmon with Cajun seasoning pan fried and served with warm tomato salsa, basmati rice and salad

Whole tail Scampi £9.95

Whole tail scampi coated in breadcrumbs, deep fried and served with fresh salad, fries, wedges of lemon and lime & homemade tartare sauce

Battered Cod £9.95

Delicate fillet of cod in a crisp batter, deep fried and served with fries, salad and tartare sauce

Pasta & Risotto

Spaghetti Bolognese £8.95


Our own authentic Italian meat sauce with spaghetti

Spaghetti Carbonara £8.95

Sliced bacon, mushroom, onion and garlic in a rich creamy sauce with spaghetti

Penne Amatriciana £8.95


Bacon, mushroom, garlic & onion in a rich tomato sauce with penne pasta

Penne Arrabiata £8.95 


Famous fiery tomato and jalapeno chilli sauce with penne pasta

Lasagne al Forno £10.25

Oven-baked sheets of pasta layered with our own bolognese recipe and a creamy cheese sauce served with seasonal salad

Vegetarian Lasagne £9.95 

Oven-baked sheets of pasta layered with Mediterranean vegetables in a tomato sauce topped with cheddar cheese and served with seasonal salad

Spinach and Ricotta Ravioli £9.95 

Delicate pasta parcels filled with spinach and ricotta cheese, tossed with olive oil and served with a light sun dried tomato dressing and fresh parmesan shavings

Crayfish Tail and Prawn Fettuccine £9.95

Pan fried crayfish tails, Atlantic prawns with fresh chilli and garlic tossed with olive oil and fettuccine pasta drizzled with a light balsamic reduction

Chicken, Mushroom and Ricotta Risotto £10.25

Risotto rice cooked with sliced chicken breast, mushroom & peas with creamy ricotta cheese

Risotto Fruitta di Mare £10.25

Risotto rice cooked with prawns, crayfish tails, peas, tomato, white wine, garlic and cream

Pizza

*All our pizzas are homemade traditional thin based made using fresh yeast and fine Italian Tipo 'OO flour topped with our own homemade tomato pizza sauce and delicious 100% shredded mozzarella cheese. **The best in town!***

	9"	12"
Margherita  topped with our own tomato sauce and mozzarella	£7.95	£9.95
Napoletana topped with anchovies and black olives	£8.95	£10.95
Goats Cheese mozzarella, goats cheese & caramelised onion	£8.95	£10.95
Funghi  topped with mushroom	£8.95	£10.95
Proscuitto topped with ham	£8.95	£10.95
Peperoni topped with peperoni	£8.95	£10.95
Pulled Pork topped with BBQ pulled pork	£8.95	£10.95
Salsiccia topped with Italian Salami	£8.95	£10.95
Hawaiian  topped with pineapple, apple and banana	£8.95	£10.95
Pollo Funghi topped with chicken and mushroom	£10.25	£11.50
Fruitta Di Mare topped with tuna, prawns and crayfish tails	£10.25	£11.50
Quattro Stagioni any four toppings, you choose!	£10.50	£11.95
La Cantina topped with tomato, onion, steak and an egg	£11.95	£12.50
Calzone folded and filled pizza with four toppings, you choose!	£10.75	£12.25
Vesuvio topped with salsiccia sausage, black olives and jalepinos	£10.25	£11.75
Quattro al Carne topped with salsiccia, calabrese, chicken & pepperoni	£10.75	£12.25
Cajun Chicken topped with Cajun spiced chicken	£9.95	£11.50
Classico topped with mozzarella, baby mozzarella, pesto & tomato	£9.95	£11.50
51st State Chilli our own chilli beef as a base topped with mozzarella	£8.95	£10.95
BBQ Chicken & Bacon topped with BBQ chicken and bacon	£9.95	£11.50

Additional Toppings 80p

Pineapple; sweetcorn; mozzarella; tomato; black or green olives; ham; anchovies; red, green or yellow peppers; onion; mushroom; spinach; sweet red pepper and jalepeno peppers

Additional Toppings £1.50

Chicken; pepperoni; salsiccia; parma ham; steak; prawns: tuna

Side Orders

6" Garlic Bread Toscana £4.50

6" Rosemary & Garlic Toscana £4.50

Battered Onion Rings £3.25

Saute Garlic Mushrooms £3.25

Fresh Mixed Salad £3.00

Garlic Bread(3 slices) £2.95

Fries £2.95

Mediterranean Vegetables £3.50

Oven roasted in garlic & pesto

Side Orders For Sharing

Items for sharing to accompany your meal or even as a light starter for sharing.

Both Toscana's are made using our own thin crust pizza dough brushed with olive oil and garlic and topped with 100% mozzarella cheese and oven baked.

12" Garlic Bread Toscana £6.95

12" Garlic & Rosemary Toscana £6.95

All prices inclusive of VAT at current rate

Starters

Chef's Homemade Minestrone Soup £4.00

Served with a crusty roll and butter

Chef's Homemade Soup of the Day £4.00

Served with a crusty roll and butter

Funghi all'aglio Cremosi £5.95

Creamy garlic mushrooms, topped with parmesan and oven baked served with garlic bread

Oven Baked Bruschetta £5.95

Hot thick Italian Toast topped with your choice of:

Tomato and mozzarella/Tomato, goats cheese and caramelised onion/

Tomato, creamy ricotta and pesto

Pan Fried Chicken, Bacon and Mushroom £6.75

Fresh garlic, pan fried with olive oil, strips of chicken, bacon & mushroom served on garlic bread with crisp leaves & dressings

Loaded Skins £5.75

Thick potato skins loaded with ricotta cheese and caramelised onion served with salad and sour cream

Goats Cheese Crostini £5.95

Garlic bread, oven baked with goats cheese and cherry tomatoes and red pesto, served with fresh salad and a balsamic dressing

Garlic Bread Toscana or Garlic & Rosemary Toscana £4.50

Oven baked 6" pizza base with olive oil, garlic and mozzarella or with added rosemary

Insalata Caprese £5.95

Beautiful fresh mozzarella cheese with cherry tomatoes, basil leaves, green pesto & balsamic dressing

Salt and Pepper Squid £5.95

Juicy squid pieces in a crisp salt and pepper batter, deep fried and served with a sweet chilli sauce and fresh salad

Pan Fried Crayfish Tails £6.50

Pan fried crayfish tails with olive oil, garlic and chives served on garlic bread with fresh salad and wedges of lemon and lime

Garlic King Prawns £6.75

Pan fried with garlic & olive oil, served on crisp leaves with pesto mayo & crusty bread

Gamberetti Insalata £6.50

Succulent coldwater prawns in our own marie rose sauce with fresh salad and crusty roll

Seafood Combo for Two £10.75

(or just you if you're hungry!)

Tasty combination of scampi, breaded prawns, calamari, crab cakes, prawn parcels, plaice goujons and dips

Salad Bowls

Our salad bowls are prepared using fresh iceberg lettuce, mixed peppers, red onion and carrot with our own creamy coleslaw and served with your choice of dressing.

Pan Fried Chicken and Bacon £7.95

Tender pieces of chicken and crispy smoked bacon pan fried in olive oil

Goats Cheese & Caramelised Onion £8.25

Warm creamy goats cheese and caramelised onion

Caprese Salad £8.25

Fresh mozzarella, tomato with pesto and balsamic reduction

Ricotta & Pesto £8.25

Creamy ricotta cheese with tomato, pesto and pine nuts

Pan Fried Cajun Chicken £7.95

Tender pieces of spicy Cajun seasoned chicken pan fried with olive oil

Prawn Marie Rose £7.95

Plump, juicy, Atlantic prawns with a tangy Marie Rose sauce, served with a chunk of lemon

Hot Garlic and Balsamic King Prawns £8.75

Juicy King Prawns pan fried with garlic & olive oil served with balsamic reduction & wedges of lemon & lime

Crispy King Prawns and Hot Sweet Chilli Sauce £8.75

Crispy King Prawns in batter topped with hot sweet chilli sauce

Salad Bowls Dressings

Once you have decided on your choice of salad bowl, simply choose from the following dressings: Honey and Mustard/Garlic Mayonnaise/Caesar/Sour Cream and Chives/BBQ Mayonnaise/Sweet Chilli

Burgers & Meatballs

Our Homemade Burgers are served in 5" Brioche buns with lettuce, mayo, relish & fries please tell us if you would like otherwise

The Italian Burger £10.25

5oz burger grilled and topped with mozzarella, parma ham and pesto

Continental Burger £10.25

5oz burger grilled and topped with goats cheese and caramelised onion

Doppio Formaggi £12.25

Cheese lovers favourite! 2 x 5oz burgers grilled & topped with mozzarella, cheddar & goats cheese

Homemade Meatballs £10.95

Choose from Pork, Beef or Lamb

Our own recipes of pork beef or lamb meatballs cooked in our own homemade tomato sauce, oven baked topped with a sprinkling of 100% mozzarella & cheddar cheese and served with side salad and garlic bread